

# Counting Pills Tips

## Using Grids:

In this game, you will use a **grid** to find out **how many pills** to take. A grid is made up of **columns** (up and down) and **rows** (left to right). In this grid, each **day of the week** has a column. Each **type of pill** has a row.

## Ask yourself:

- What **day** is it today? Here, the **clock** will tell you.
- Where is the **column** on the grid for this day of the week?
- Where is the row for the **first pill**?
- Where does the row of the first pill **meet** the column for the day of the week?
- How many pills does that **square** say I should take?

**Repeat** these questions for **each type of pill**.

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